

nantasket flats



HULL, MA

starters

avocado toast mashed avocado, cumin, pico and avocado salsa on wheat bread, topped with a crispy sunny side up egg | 9

breakfast egg rolls braised corn beef, aged cheddar, home fries, scrambled eggs with hollandaise sauce | 14

the bowls

flatts breakfast bowl home fries, scrambled eggs, bacon, sharp cheddar, cherry tomatoes, avocado | 15

acai bowl acai, fresh raspberries, strawberries & blueberries, ginger granola, vanilla yogurt, mint | 15 add peanut butter | 1 add sliced banana | 1

sweet potato bowl roasted sweet potatoes, seasoned black beans, scrambled eggs, avocado, sriracha aioli | 15

brunch mains

bananutella french toast thick brioche bread, Nutella, fresh sliced bananas, silvered almonds whipped cream, with maple syrup | 14

breakfast wrap scrambled eggs, bacon, sausage, pepper jack cheese, salsa, home fries | 10

brunch tacos (2) scrambled eggs, cheddar jack cheese, avocado, salsa, bacon | 10

sides

home fries \$3 | two (2) eggs any style \$3 | bacon or sausage \$3
toast (multi grain, country white or marble rye) \$2.50

Before placing your order, please inform your server if a person in your party has a food allergy. Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

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salads

strawberry & avocado salad

spring mix, strawberries, avocado, red onion, sliced almonds, dijon vinaigrette | 17

spicy tuna salad

grilled romaine, spicy tuna, avocado, sweet corn, tortilla strips, cucumbers, cherry tomatoes | 20

southwest chicken salad

grilled chicken, mixed greens, corn, black beans, tortilla strips, avocado, creamy garlic dressing | 17

house salad

mixed greens, cherry tomatoes, English cucumbers, blueberries, goat cheese, lemon honey vinaigrette (gf) | 10

caesar salad

romaine hearts, parmesan cheese, house made croutons, Caesar dressing (gf - no croutons) | 10

add protein: grilled chicken | 9

handhelds

baja fish tacos

2 soft shell corn tortillas, beer battered haddock, cabbage, pico de gallo and spicy mayo (has a little kick to it) | 16

patio burger

twin 4 oz beef patties, American cheese, shredded lettuce, diced onion, house made pickles | 14

cocktails

day of the dead

Casamigos Blanco, Aperol, lemon, orange bitters, agave 14

nantasket sunburst

Don Julio Anejo, cranberry juice, pineapple juice, splash lemon juice 15

flatts rum swizzle

Gosling's black rum, Blue Chair white rum, orange juice, pineapple juice, grenadine, Angostura bitters 10

los lobos

Casamigos Blanco, jalapeños, lime juice, agave 13

watermelon margarita

Ghost tequila, pink grapefruit juice, watermelon pucker, splash lime juice 11

between the sheets

Casamigos Reposado, pomegranate juice, splash triple sec, splash club soda 14

the fishbowls

a drink for 2 or more! served in our signature fish bowl

sangria 20

rum swizzle 22

hurricane 22
